

Weigh In Schedule for District III Tournament

2010

Friday

AA Weigh-ins: Arena

8:45 AM - Scales available to Check Weights (2 scales per room, 4 rooms)

9:00 AM - Weigh-ins & Skin Checks by weight class (2 scales per room, 4 rooms)

Room 1 - Scales 1 & 2 - Weights - 103, 112, 119, 125

Room 2 - Scales 3 & 4 - Weights - 130, 135, 140, 145

Room 3 - Scales 5 & 6 - Weights - 152, 160, 171

Room 4 - Scales 7 & 8 - Weights - 189, 215, 285

AAA Weigh-ins: Arena

2:00 PM - Scales available to Check Weights (2 scales per room, 4 rooms)

2:15 PM - Weigh-ins & Skin Checks by weight class (2 scales per room, 4 rooms)

Room 1 - Scales 1 & 2 - Weights - 103, 112, 119, 125

Room 2 - Scales 3 & 4 - Weights - 130, 135, 140, 145

Room 3 - Scales 5 & 6 - Weights - 152, 160, 171

Room 4 - Scales 7 & 8 - Weights - 189, 215, 285

Saturday

AA & AAA Weigh-ins: Arena

7:15 AM - Scales available to Check Weights (2 scales per room, 4 rooms)

7:30 AM - Weigh-ins & Skin Checks by weight class (2 scales per room, 4 rooms)

Room 1 - Scales 1 & 2 - Weights - 103, 112, 119, 125

Room 2 - Scales 3 & 4 - Weights - 130, 135, 140, 145

Room 3 - Scales 5 & 6 - Weights - 152, 160, 171

Room 4 - Scales 7 & 8 - Weights - 189, 215, 285

All wrestlers will be in the arena on Friday and Saturday. The Weigh Master will announce the weight class he is weighing in, the wrestlers ONLY (no coaches - there is not room) will follow him to the scale.

The wrestler should tell the Weigh Master his Name and School. He will then be weighed in, he may step off the scale and immediately back on once. If he did not make weight, the Weigh Master will check his weight, only one time, on the other scale that is in the same room only!

The Weigh Master will bingo stamp the wrestlers hand for entrance onto the arena floor, and record his actual weight on the weigh-in sheets.